



CORE™ Technology - Treatment Care Guidelines for Patients

Before Treatments

- Stay hydrated (drinking at least 1 liter of water daily) during your entire course of treatment.
- Do not use alcohol-based cleaning solutions.

After Treatments

- Redness and swelling in the treated area may occur and is a normal reaction. Use cold compresses only in the presence of adverse effects, to help alleviate the symptoms.
- Following treatment, avoid the use of hot water and discontinue use of abrasive or harsh products for two days.
- In cases where superficial crusting or scabbing occurs, do not rub, scratch or remove the scab. Cleanse the area gently and pat dry.
- Apply a high factor sunscreen (at least 30 SPF) and protect the treated area from sunlight for two weeks following treatment.
- Make-up may be applied immediately after the treatment.

Setting Expectations

- Adherence to a healthy lifestyle (drinking water and sun avoidance) is strongly recommended and may help to obtain better results.
- Maintenance sessions may be required (one maintenance session every 3-6 months).
- Response to the V-ST based treatment, and the number of treatment sessions required will vary among patients and will depend on the clinical and physiological condition at the start of the treatment regimen.
- Dramatic weight loss may have a negative effect on the skin laxity.